

November is PH Awareness Month

How to Make a Tie-Dye Mask

1



Buy or make plain white cotton masks and fabric dye (or a tie-dye kit).

Prepare a work space by placing a tarp or plastic sheet on grass or a table. Wear gloves to prevent the dye from staining your hands.

Soak masks in water, and wring out excess water.

2



For a spiral pattern, pinch the middle of the fabric and twist to create a spiral. Place rubber bands around the mask to separate into four sections. The fabric will remain white under the rubber bands. Dye each section any color you'd like.

3



For a spotted pattern, scrunch the mask together tightly and drizzle dye over the mask.

4



Place in a resealable plastic bag and leave for three hours.

Rinse out the dye until the water runs clear.

Wash and dry the mask.